

2017 NPC Iron Viking of the North - SCHEDULE OF EVENTS

EVENING SHOW -- **PRE-INTERMISSION**—*Start Time 6PM*

1	NOVICE Bikini A,B,C,D	INTRODUCTION & AWARDS
2	NOVICE Men's Physique	INTRODUCTION & AWARDS
3	NOVICE Figure	INTRODUCTION & AWARDS
4	NOVICE Bodybuilding ~ LightHeavy/Heavy	INTRODUCTION, POSING ROUTINES & AWARDS
5	NOVICE OVERALLS ~ BIKINI, BODYBUILDING	JUDGING AND OVERALL AWARDS
6	MASTERS Bikini 35+	INTRODUCTION & AWARDS
7	MASTERS Men's Physique 35+	INTRODUCTION & AWARDS
8	MASTERS Classic Physique 35+	INTRODUCTION, POSING ROUTINES & AWARDS
9	MASTERS Women's Physique 35+	INTRODUCTION, POSING ROUTINES & AWARDS
10	MASTERS Figure 35+, 50+ ~ OVERALL	JUDGING AND OVERALL AWARDS
11	MASTERS BB 35+, 40+ ~ OVERALL	JUDGING AND OVERALL AWARDS

Schedule of Events EVENING SHOW -- **POST-INTERMISSION**

GUEST PERFORMANCES, then 20 min. ~ IFBB Pro Tim Johnson

1	OPEN Women's Physique A,B	INTRODUCTION, POSING ROUTINES & AWARDS
2	OPEN Men's Physique Teen, A,B,C	INTRODUCTION & AWARDS
3	OPEN Figure Teen, A,B,C,D	INTRODUCTION & AWARDS
4	OPEN Classic Physique Teen, A,B,C	INTRODUCTION, POSING ROUTINES & AWARDS
5	OPEN Bikini A,B,C,D,E,F	INTRODUCTION & AWARDS
6	OPEN Bodybuilding Teen, Wheelchair	INTRODUCTION, POSING ROUTINES & AWARDS
7	OPEN Bodybuilding	
	BANTAMWEIGHT	INTRODUCTION, POSING ROUTINES & AWARDS
	LIGHTWEIGHT	INTRODUCTION, POSING ROUTINES & AWARDS
	MIDDLEWEIGHT	INTRODUCTION, POSING ROUTINES & AWARDS
	LIGHT-HEAVYWEIGHT	INTRODUCTION, POSING ROUTINES & AWARDS
	HEAVYWEIGHT	INTRODUCTION, POSING ROUTINES & AWARDS
	SUPER-HEAVYWEIGHT	INTRODUCTION, POSING ROUTINES & AWARDS
8	OPEN Women's Physique OVERALL	JUDGING AND OVERALL AWARDS
9	OPEN Men's Physique OVERALL	JUDGING AND OVERALL AWARDS
10	OPEN Figure OVERALL	JUDGING AND OVERALL AWARDS
11	OPEN Classic Physique OVERALL	JUDGING AND OVERALL AWARDS
12	OPEN Bikini OVERALL	JUDGING AND OVERALL AWARDS
13	OPEN Bodybuilding OVERALL	JUDGING AND OVERALL AWARDS

THAT'S A WRAP!